AT **NO COST** TO EMPLOYEES



The Art of Healthy Cooking

Join Kaiser Permanente Chef Asata Reid

Please join Kaiser Permanente's Asata Reid for a fun, free and informative cooking demonstration. You'll watch food preparation steps, learn cooking techniques, and get a new recipe to try for yourself at home!

You do not need to be a Kaiser Permanente member to attend.

Contact: **employeewellness@fultoncountyga.gov**

Date/Time: **Thursday, December 17, 2026 from 12:30 pm - 1:00 pm**

Location: **Click Here to Register**

Nine Piedmont Center
3495 Piedmont Road NE
Atlanta, GA 30305
404-364-7000

KAISER PERMANENTE®

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